Cat-sitter instructions

Fill this in before you leave and keep it on the fridge. Page 2 is for the sitter at every visit.

Apartment Cats

Away from _____ **Back on** _____

How to reach us

Name _____ **Phone** _____

Where we will be _____ **Backup contact** _____

Backup phone _____ **Door code or key** _____

Vet

Our vet _____ **Phone** _____

24-hour emergency vet _____ **Emergency phone** _____

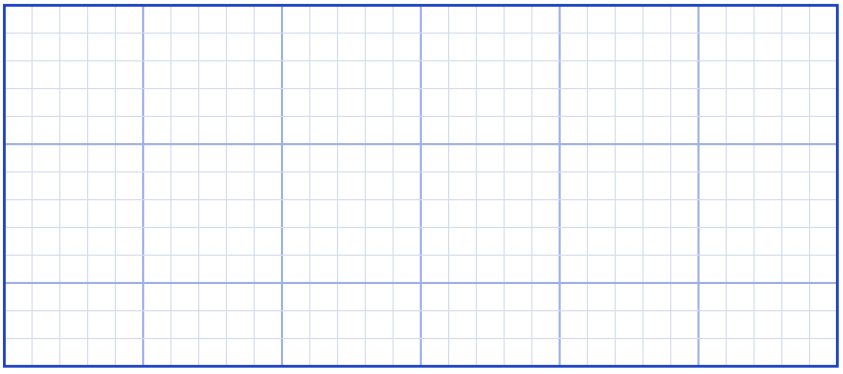
US poison lines: ASPCA Animal Poison Control 888-426-4435, Pet Poison Helpline 855-764-7661.[1] Outside the US, write your local animal poison line here:

Local poison line _____ **Phone** _____

The cats, and what is normal for each

	Cat 1	Cat 2
Name, age and looks		
Microchip number		
Food: what and how much (from the label or our vet)		
Medicines, exactly as our vet's label says		
Normal: eats all of each meal, or some?		
Normal: urine clumps a day, and their size[2]		
Normal: hiding spots and mood with visitors		

Where things are



L litter box F food W water S scratching post P perch or shelf
H hiding spot C carrier

Sketch the home: mark L, F, W, S, P, H and C, and any door that must stay shut or open.

Litter, scoop, bags _____

Food and treats _____

Carrier _____

Cleaning supplies _____

Going away?
The weekend-away checklist covers the days before you leave.
apartmentcats.com/care/weekend-away-checklist/

1 US FDA, lilies and cats, which lists both lines. 2 International Cat Care, lower urinary tract guidelines, 2025: the size of urine clumps is worth recording.

Each visit

At least twice a day, as Cats Protection recommends, and more often for kittens, older cats and cats with a health condition.[1]

Apartment Cats

- [ ] Food served as written on page 1. Was the last meal eaten?
- [ ] Fresh water in every bowl; fountain running and topped up.
- [ ] Every box scooped. Count the urine clumps and note their size.
- [ ] Each cat seen, even if only under the bed.
- [ ] Play for 10 to 15 minutes if the cat wants it, then the wand toy back in a closed drawer.[2]
- [ ] Windows and balcony door shut before you leave.[3]

Call the vet now if

- A cat strains in the litter box and passes little or no urine. This is an emergency, most often in male cats.[4]
- You see string or thread hanging from a mouth. Do not pull it.
- A cat may have touched a lily or eaten a plant, a cleaner or a medicine.
- A cat has not eaten or used the box since your last visit, or is far from its normal on page 1.

Then call us. If we cannot be reached, follow the vet's advice.

Visit log

Date	Time	Ate	Drank	Urine clumps	Stool	Notes

1 Cats Protection, going on holiday. 2 AAHA, VCA and the San Francisco SPCA on play; VCA on wand toys. 3 Vnuk and others, high-rise syndrome, 2004. 4 Cornell Feline Health Center, lower urinary tract disease.